



Villa Blanca Seniors Resort (Pty) Ltd

Reg no: 2016/289258/07
7 De Beers Rd, Strand, Cape Town, South Africa
Email: info@livinn.co.za
www.villablanca.co.za

2019 MENU & PRICE LIST

Breakfast

Served daily in the dining room and outside veranda - 7am to 10am

Villa Blanca Breakfast

Full English: Eggs, bacon, tomato, beef / pork sausage*, baked beans, toast, tea / coffee & juice.

Life right residents: R 55.00

Guests / visitors: R 75.00

*To be varied with savoury mince, kippers / haddock and cheese grillers.



Continental breakfast: Cereal with hot / cold milk, bread / pastries with butter & jam, cheese, cold meat, tea / coffee & juice.

Life right residents: R 45.00

Guests / visitors: R 65.00



Healthy: Fresh fruit salad & yoghurt

Life right residents: R 25.00

Guests / visitors: R 35.00

Tea / filter coffee / juice: R 15.00



Lunch

Served daily in the dining room and outside veranda - 12pm to 2pm

Monday – Week 1

Beef schnitzel, potato wedges, crispy onion rings & fresh garden salad

Malva pudding & custard

Tea / coffee

Life right residents: R 75.00

Guests / visitors: R 110.00



Tuesday – Week 1

Homemade cottage pie & crunchy Waldorf salad

Freshly baked chocolate cake

Tea / coffee

Life right residents: R 75.00

Guests / visitors: R 110.00



Wednesday – Week 1

Chicken casserole with fresh garden veggies, potatoes and served on a bed of rice.

Pancakes with caramel & banana filling

Tea / coffee

Life right residents: R 85.00

Guests / visitors: R 125.00



Thursday – Week 1

Traditional beef / lamb curry & rice served with sambals and banana salad

Sago pudding in coconut milk and diced mango

Tea / coffee

Life right residents: R 85.00

Guests / visitors: R 125.00



Friday – Week 1

Fresh fish & chips, tartar sauce and creamy corn salad

Lemon meringue pie

Tea / coffee

Life right residents: R 75.00

Guests / visitors: R 110.00



Saturday – Week 1

Flame grilled boerewors, potato salad, three bean salad & fresh bread rolls

Trio of chocolate mousse

Tea / coffee

Life right residents: R 75.00

Guests / visitors: R 115.00



Sunday – Week 1

Traditional Sunday roast meats x 2 with gravy, roast potatoes, rice / Yorkshire Pudding, fresh veggies & cinnamon sweet potatoes

Ice cream & hot chocolate sauce

Tea / coffee

Life right residents: R 95.00

Guests / visitors: R 135.00



Monday – Week 2

*Homemade meatballs, creamy mash potatoes,
sweet carrots & green beans*

Traditional milk tart

Tea / coffee

Life right residents: R 85.00

Guests / visitors: R 125.00



Tuesday – Week 2

*Roast chicken, savoury rice, gravy & pumpkin
fritters*

Orange cheese cake

Tea / coffee

Life right residents: R 85.00

Guests / visitors: R 125.00



Wednesday – Week 2

Braised corned beef & mustard sauce, baby potatoes & creamed spinach

Sticky brandy pudding & hot custard

Tea / coffee

Life right residents: R 85.00

Guests / visitors: R 125.00



Thursday – Week 2

Traditional beef lasagna & French salad

Chocolate fudge pudding

Tea / coffee

Life right residents: R 85.00

Guests / visitors: R 125.00



Friday – Week 2

Grilled pork chops & apricot sauce, savoury rice & roast veggies

Pineapple coconut pudding

Tea / coffee

Life right residents: R 85.00

Guests / visitors: R 125.00



Saturday – Week 2

Bobotie served with yellow rice & fresh garden salad & sambals.

Home baked apple crumble & hot custard

Tea / coffee

Life right residents: R 85.00

Guests / visitors: R 125.00



Sunday – Week 2

Traditional Sunday roast meats x 2 with gravy, roast potatoes, rice / Yorkshire Pudding, fresh veggies & cinnamon sweet potatoes

Crème caramel & soft vanilla ice cream

Tea / coffee

Life right residents: R 95.00

Guests / visitors: R 135.00



At the Villa Blanca Seniors Resort our aim is to provide wholesome and tasty meals to our Life Right residents and their guests as well as our physical rehab patients.

Our menus are well balanced with nutrition, variety and fresh ingredients being the core of our catering policy.

We have a Winter and Summer lunch menu, which comprise of 2 weekly set menus that are rotated on a fortnightly basis.

Breakfast and lunch are served daily the dining room, which also has a veranda where meals can be enjoyed outdoors.

Meals are not included in Life Right holders' levies. Meals can also be enjoyed in the comfort of your villa or penthouse and orders must be placed with reception at the latest 9am on the day of booking lunch.

Meals are charged to Life Right holder's accounts and is payable monthly in arrears. Visiting family or friends are welcome to dine at Villa Blanca and orders can be charged to Life Right holders' accounts or it can be settled with debit or credit cards by visitors. Unfortunately, we do not accept cash payments at Villa Blanca.

Menu items and prices are subject to change.

Photographs of menu items and dishes are for illustration purposes only. Our catering staff will do their utmost to prepare meals that are tastier than the photographic displays.

We only serve light dinners at Villa Blanca and this service is primarily there for physical rehab patients. Life Right holders may enquire as to what light dinners are served daily and orders may be placed by the latest 2pm daily.

Lunch includes a main course, dessert and tea or coffee. Rates quoted are for the entire set menu and unfortunately we cannot discount or amend prices if certain items are not consumed.

Beverages are served throughout the Resort from our fully licensed bar, which operates from 11am till 9pm daily.

WE LOOK FORWARD TO PROVIDE ALL OUR LIFE RIGHT HOLDERS, THEIR GUESTS AND POST OPERATIVE PATIENTS WITH TOP QUALITY CUISINE, PROVIDED BY FRIENDLY AND PROFESSIONAL STAFF – AT ALL TIMES.